

Matteo Cenerini

En plein air

for

solo flute and foot pump

April 2026

PERFORMANCE NOTES

Preparation:



- A bellows foot pump (e.g., for air mattresses) is required. (may be provided by the composer).
- Remove the footjoint and connect the body of the flute to the pump using a flexible rubber hose.



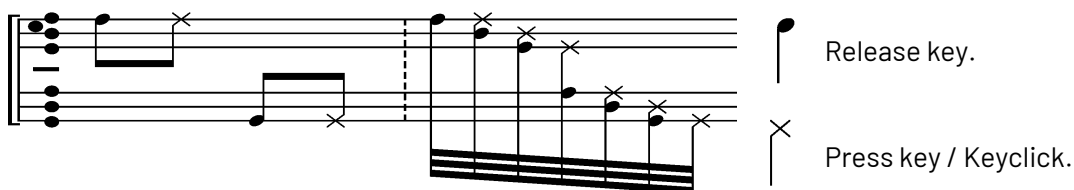
NOTATION:

Dynamics:

Dynamics always refer to the intensity of the physical gesture rather than the resulting acoustic volume. For the foot pump, dynamics indicate the amount of pressure applied by the foot.

Tremolos: Always as fast as possible

Fingering chart clef:



The fingering chart clef indicates which keys should be pressed or released.

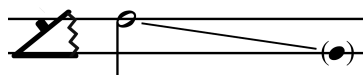
Upper trigram refers to left hand - The second space from the top represents the thumb key.

Lower trigram refers to right hand.

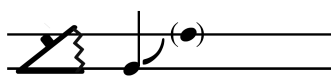
The default position is always with all keys closed.

In rapid passages where both pressed and released keys are notated simultaneously, it is preferable to first press the required keys and then release the others.

Foot pump clef



Move foot at the indicated time.



Lift foot abruptly .

Air sounds



As unpitched as possible

Keyclicks



Without blowing
unless otherwise indicated.

Embouchure positions:

- | | |
|--|---|
|  Ordinary. |  Cover all the embouchure hole with both lips. |
|  Cover 1/2 of the embouchure hole with the lower lip. |  Cover the embouchure hole almost entirely with the lower lip. |
|  Blow directly into the embouchure hole from a short distance, without lip contact. |  Seal the embouchure hole with tightly closed lips. |
|  While continuing to blow, pull the flute away abruptly | |

Blowing:

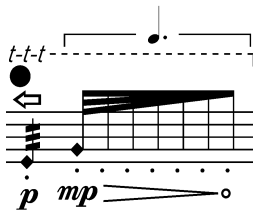
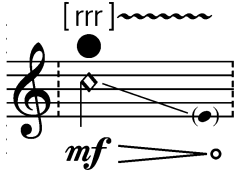
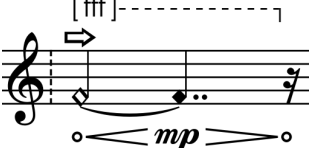
-  Blow
-  Inhale (very quietly)
-  Create internal air pressure by blowing and depressing the pedal simultaneously.
-  Create internal air pressure only by blowing, without using the pedal.
-  Allow the air pushed by the pump through the flute to enter the mouth.

[a] [u] [i] [e] While air entering in the mouth, shape the mouth according to the indicated vowels. (Without producing any vocal sound).

[a] [u]  Alternate between two vowels (slow/fast).

[a] [u]  Always without voice.

Other gestures:

	Inhaling air with the embouchure hole covered by the lips. Abruptly interrupt the airflow by striking the tongue against the palate repeatedly and as rapidly as possible (as if pronouncing many "t" sounds).
	With the embouchure hole covered by the lips, blow with minimal air while rolling an 'r' with the tongue
	Pronounce a "f" while blowing to produce air sound

En plein air

♩ = 60 freely, agitate and nervous

cover all embouchure
create internal air pressure (blow + pedal)

~(without blowing)
○ (ord. embouchure)

[rrr] ~~~~~
● (cover all emb.)

Flute

f *p* *mf* *mf*

Pump

4

○ (ord. emb.)

[rrr] ~~~~~

f *p* *mf* *mf*

7

○

f *p* *mf* *mf*

9

[rrr] ~~~~~

pronounce 'r' while producing air sound
[fff] -----
⇒ (blow)

mf *f* *mf* *mp*

sfz

12

f *f* *fff* *sfz*

a bit faster ♩ = 70

15

f *mf* *f* *p*

18

f *p* *f* *mf*

21

f *mf* *f* *p*

more relaxed ♩ = 60

Inhaling with rapid 't' articulations
embouchure fully covered by lips

24 *p mp* *p sfz* *p mp* *p*

28 *p mp* *mf* *mp* *p mp* *mf*

32 *p sfz* *mf* *f* *p mp*

35 *mp* *pp* *p* *p sfz* *f*

38 *p mp* *p mf* *mp* *p f* *p*

41 *f* *mp* *f* *mf*

create internal pression with no pump,
only breath

keep blow while keyclicks

faster, more nervous ♩ = 80

Seal the embouchure hole with the lips;
breathing is possible through the nose.

Pump air through the flute into the mouth;
pronounce "a" without voice



[a]

● (1/2 closed w. low lip)

44

f *sfz* *f* *mf*

47

fff *f* *sfz* *f*

50

mf *f* *sfz*

53

f *mf* *p* *mp*

relaxed ♩ = 60

56

p *mp* *p* *mp* *mp*

faster, more nervous ♩ = 80

5

59

f *mf* *f* *f*

64

f *f* *f* *f*

69

f *f* *f* *f*

74

f *mf* *ff* *mf* *sfz* *f* *mp*

79

f *mf* *f* *mp*

a bit slower. Still freely and nervous ♩ = 70

while blowing,
abruptly pull
the flute away

84

f

3:2

p

ppp

86

f

3

p

88

f

3:2

p

ppp

90

Blow into the embouchure hole from a short distance, without lip contact.

f

p

f

mp

(no contact)

94

f

ff

98

Repeat x3
(increase dynamics)
(vary fermatas duration)

[u] (almost closed)

fff *sfz* *ppp*

103

(almost closed embouchure
ghostly harmonics may appear)

[fff] [u] [o] [u]

ppp *ppp*

108

[fff] [u] [o] [i] [u]

ppp *ppp*

113

[schh]

ppp

116

[u] [o] [u]

ppp

120

[fff] [rrr]

ppp *mf* *sfz*